



CBD & Possible Drug Interactions: The Grapefruit Connection

Grapefruit juice interacts with drugs in the same way that CBD does — by inhibiting the cytochrome p450 (CYP450) enzymes. The difference is that grapefruit juice is more commonly referenced on medication labels.

Since both grapefruit juice and CBD can inhibit the metabolic process similarly, then logically, any drug or medication that is advised to not be consumed with grapefruit juice, should also indicate caution when consumed with CBD. As always, we recommend consulting your primary care physician with any concerns.

For further reference, check out the list of some drugs that can interact with grapefruit juice that's listed on [Drugs.com](https://www.drugs.com).

- **alprazolam**
- **amiodarone**
- **atorvastatin**
- **carbamazepine**
- **cilostazol**
- **clarithromycin**
- **colchicine**
- **dronedarone**
- **erythromycin**
- **felodipine**
- **fentanyl**
- **fentanyl transdermal system**
- **fexofenadine**
- **indinavir**
- **loratadine**
- **losartan**

Please be advised that this list does not include all drugs that can interact with grapefruit or CBD, and it is highly recommended that you consult with your primary care physician before taking Cannabidiol (CBD).